



The Miracle of Bio-Identical Hormones: How I lost my fatigue, hot flashes, ADHD, ADD, fibromyalgia, PMS, osteoporosis, weight, sexual dysfunction, anger migraines (2nd ed.)

Michael E. Platt
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“The Miracle of Bio-Identical Hormones” is a comprehensive presentation explaining how hormone replacement therapy can restore lost health in ailments such as diabetes, fibromyalgia, ADHD, menstrual problems, migraine headaches, asthma, sexual problems, urinary incontinence, fertility issues, and others. Author Michael Platt is board certified as an internist and founder of Platt Medical Center in Palm Desert, California. Dr. Platt is an expert and is renowned for his work with natural hormone replacement to enhance wellness.

The findings in the thoroughly “reader friendly” book are presented skillfully and clearly, making the information thoroughly accessible for the non-specialist general reader. Dr. Platt urges his readers to consult their physicians first in order to begin planning an hormonal treatment approach for any medical disorder.

While “The Miracle of Bio-Identical Hormones” is based on many years of clinical experience and observation by Dr. Platt, it is no substitute for the consulting with one’s own doctor. Nonetheless, “The Miracle of Bio-Identical Hormones” can substantially aid men and women, with the help of their physicians, to seek effective hormonal solutions to health problems previously thought to be insoluble.”

Midwest Book Review, Oregon, WI