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Platt Medical Center

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Bio-Identical Hormone Expert and Wellness Physician Michael E. Platt Speaks About Natural Hormones and Permanent Weight Loss in Indian Wells, CA February 28, 2007

Los Angeles, CA - Dr. Michael E. Platt, board-certified internist and bio-identical hormone expert, is speaking Wednesday, February 28, 2007 at the Miramonte Spa and Resort Hotel in Indian Wells, CA, 7:00-9:00 p.m. His subject is the "Passionate Pursuit of Permanent Weight Loss". The educational seminar is open to the public.

Platt, who has been in practice 34 years, will discuss how prescription medications can affect weight, how supplements can aid fat metabolism, how a nutritional approach can burn fat, and how balanced hormones can be a key to permanent weight loss.

"Many anti-depressants, beta-blockers (used primarily for heart or blood pressure challenges), anti-inflammatory drugs, statin drugs, and estrogen often have lipogenic or fat-creating effects," contends Platt.

In his book, Dr. Platt writes "Keep in mind that hormones control every system of the body – including metabolism (weight)... Ninety-nine percent of the time there is a hormonal problem. The majority of people with weight problems over produce insulin.... This is not a new concept.... What makes my approach different is that I determine the underlying reason why the body is overproducing insulin. Failure to do so leads to the return of fat when one discontinues a low carbohydrate meal plan...."

Platt, founder of the Platt Medical Center in Palm Desert, CA, is internationally known for his innovative, preventive approach to medicine through the use of natural bio-identical hormones for ADD/ADHD, fibromyalgia, osteoporosis, PMS/menopause, sexual health, and weight loss.

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