

EDUCATION

Undergraduate__Hiram College, Hiram, Ohio

Medical School__New York Medical College, New York, NY

Internship__Washington Hospital Center, Washington, D.C.

Residency__Washington Hospital Center, Washington, D.C.

SPECIALTY BOARDS

Board Certified, Internal Medicine

Diplomate, National Board of Medical Examiners

CLINICAL BACKGROUND

Dr. Platt has practiced internal medicine since 1972.

He began his career as an internist with Kaiser in Richmond, California, one of the U.S.'s first HMO's (a health maintenance organization). The Kaiser philosophy of care, at that time, was preventive medicine.

Dr. Platt then moved to Los Angeles to join Ross-Loos, which was the U.S.'s first HMO - all patient procedures, lab fees, etc. were covered, and doctors spent one hour with each patient. When insurance companies took over the management of HMO's, Dr. Platt left Ross-Loos and joined a traditional medical group as an internist.

His next mission was as a hospitalist with acute care facilities in Los Angeles. And then in the late 1970's, Dr. Platt turned his attention and interests to convalescent home medicine. He developed his insight into health problems associated with aging, and became passionate about preventing physical decline and illness. For a period of almost 20 years, he served as medical director for nursing homes in Los Angeles, CA.

In 1981, following the premature death of his mother from breast cancer, Dr. Platt discovered that keeping hormones in balance might be a path to wellness, a concept he says, was not taught in

medical school. He also became aware, that if his mother had been receiving natural progesterone, she may have lived.

In 1995 Dr. Platt moved, and opened an office in Palm Desert, California, to focus on a natural hormone approach to wellness. In 2007 he moved the Platt Medical Center to Rancho Mirage, CA.

Dr. Platt places his attention on the causation of illness, and has developed a protocol to eliminate or alleviate disabling conditions such as ADD, ADHD, fibromyalgia, menopause, migraines, osteoporosis, restless leg syndrome, weight challenges and more. The protocol includes natural hormones, nutritional guidance, and supplements.